

Sleep Supplement Facts

Serving Size: 1 Well (1.15 g)

Servings Per Container: 31

	Amount Per Serving	% DV		Amount Per Serving	% DV
Taurine	500 mg	†	Citrus Bioflavonoids	20 mg	†
5-HTP (5-Hydroxytryptophan)	100 mg	†	Chamomile Extract	10 mg	†
GABA (Gamma-Aminobutyric Acid)	50 mg	†	Melatonin	3 mg	†
L-Theanine	50 mg	†	† Daily Value (DV) not established.		

Other Ingredients: Natural Flavor (Orange), Citric Acid, Organic Stevia Extract, and Natural Color (Beta Carotene and Beet Powder)

Contains: Soy